



**KEEP
LEWISHAM
SAFE**



NHS

Test and Trace

PROTECT

EACH OTHER DURING COVID-19

There are three things we can all do to slow the spread of coronavirus:



Respect social distancing – keep 2 metres apart if you can and at least 1 metre apart if there's no room



Wear face coverings when you are indoors with people you don't live with



Wash your hands for at least 20 seconds and sanitise when you are on the go

Remember – Get a test, if you have coronavirus symptoms by calling 119 or visiting www.nhs.uk/coronavirus

Together we can protect our friends and family