



**SUPPORTING FAMILIES**

## **PARENT JOB CLUB**



**Supporting Families presents Parents Job Club - Each cohort will run for six weeks at a time and will consist of no more than 10 people. The aim is to prepare parents to gain knowledge and confidence through their Prepare for Work Journey through our six week Parent Job Club which will feature a series of sessions which will help them to become job ready.**

**Starts 6<sup>th</sup> March**

**Each week we will be focusing on a different theme.**

- Week one – The focus will be on CV and Cover Letters.**
- Week two – Will feature Provisions and Services that support parents back into work.**
- Week three – We will be focusing on childcare.**
- Week four – This will include searching for jobs, completing applications and how to acquire references.**
- Week five – We will focus on interview skills, including the STAR method.**
- Week six – Here we will be supporting with making job applications that were found in week four.**

**Sessions will be held @ Eliot Bank Children's Centre, Thorpewood Avenue SE26 4BU**

**CALL 0208 613 0172 TO BOOK YOUR SPACE**

