

September 2025

Lewisham School  
Health Service  
(SHS) Screening &  
Universal Team  
Waldron Health Centre  
SE14 6LD  
Tel: 0203 049 3415  
Email: [lg.shsscreening@nhs.net](mailto:lg.shsscreening@nhs.net)

Dear Parent/Carer,

As your child begins their primary school journey, their health and well-being will be supported by the **School Health Service (0-19 Team)** in partnership with both you and the school. In line with government policy, we aim to involve children and their families in identifying how best to utilize our resources to support their health.

This term, we kindly ask all parents/carers of reception class children to complete a simple **online questionnaire** regarding their child's health, wellbeing, and lifestyle. The information gathered will help us identify ways to support your child with any health-related concerns that may impact their well-being.

Our **Specialist Community Public Health Nurses (School Nurses)** will review the completed questionnaires and may contact you to discuss your responses in more detail if necessary.

Additionally, the information collected will be used to develop a **tailored public health plan for the school**, enabling us to deliver group health education sessions.

#### **How to Complete the Questionnaire**

To complete the Health and Wellbeing Questionnaire (HWQ), please access the **HWQ link** or **QR code** below:



<https://lew028.schoolscreener.com/Portal/#/Lewisham/g/Lh352>

For guidance on using the HWQ portal, watch this short video:   
<https://vimeo.com/442663214>

Once you have completed the questionnaire, you will be able to **view and download your responses**, along with helpful health messages and links to further information and guidance.

The **School Health Service** ensures that all personal data related to your child is kept **secure and confidential**, and it will not be shared without your permission.

## Contact Information

If you have any questions or require further assistance, please contact the **Lewisham School Health Screening Team** at Waldron Health Centre:

Email address: lg.shsscreening@nhs.net Telephone Phone: 0203 049 3415

Thank you for your cooperation in helping us support your child's health and well-being.

**Yours sincerely,** [Your Name] [Your Position]

Alazar

Wilma Munzara

Yours sincerely,

Wilma Munzara

## Community Matron & Head of School Health & CYP Healthy Weight Management Service (Henry Programme)

Lewisham and Greenwich NHS Trust Services