

Lewisham School Health Service
Screening & Universal Team
Waldron Health Centre
SE14 6LD
Tel: 0203 049 3415
Email: lg.shsscreening@nhs.net

September 2026

Dear Parent/Carer,

Reception Health and Wellbeing Questionnaire

As your child begins their primary school journey, their health and wellbeing will be supported by the **School Health Service** in partnership with you and your child's school.

As part of our Universal Health offer, we invite all parents and carers of Reception-aged children to complete a short online **Health and Wellbeing Questionnaire (HWQ)**. The questionnaire helps us understand your child's health, wellbeing and lifestyle needs and enables us to identify any support that may be beneficial for your child and family.

The completed questionnaire will be reviewed by our School Nurses. Where appropriate, a member of the team may contact you to discuss your responses and offer advice, support or signposting to relevant services.

The information collected also helps us understand the health needs of children across the school community and supports the planning and delivery of health promotion activities and group education sessions.

How to Complete the Questionnaire

Please complete the Health and Wellbeing Questionnaire using the link or QR code provided below:

QR Code:



HWQ Portal:

<https://lew028.schoolscreener.com/Portal/#/Lewisham/g/Lh396>

For guidance on accessing and completing the questionnaire, please watch the short instructional video below:

<https://youtu.be/4F3cL0lQ4G8?si=DMJfT2rRyEbNiRdK>

Translation Options

The questionnaire can be translated into a range of languages by following these simple steps:

1. Log in to the Health and Wellbeing Questionnaire (HWQ).
2. Click on the three dots located on the top menu bar.
3. Select **Translate**.
4. Choose your preferred language.
5. Click **Translate** and complete the questionnaire in your selected language.

Once submitted, you will be able to view and download your responses, together with helpful health information, advice and links to additional resources.

Confidentiality and Data Protection

The School Health Service is committed to protecting your child's personal information. All information provided will be stored securely and treated confidentially in accordance with NHS data protection requirements. Information will not be shared without appropriate consent unless there is a safeguarding concern or a legal requirement to do so.

Contact Us

If you have any questions or require support completing the questionnaire, please contact the School Health Screening Team:

Email: lg.shsscreening@nhs.net

Telephone: 0203 049 3415

Thank you for taking the time to complete the questionnaire and for helping us support your child's health and wellbeing.

Yours sincerely,



Wilma Munzara

**Community Matron & Head of School Health &
CYP Healthy Weight Management Service (Henry Programme)**

Lewisham and Greenwich NHS Trust Services